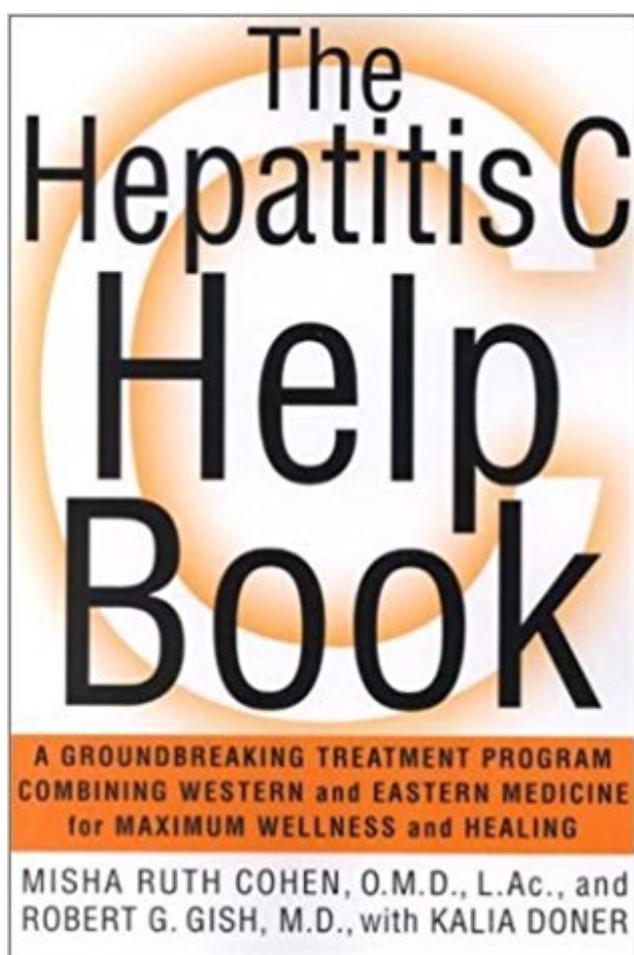


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# The Hepatitis C Help Book: A Groundbreaking Treatment Program Combining Western And Eastern Medicine For Maximum Wellness And Healing



## **Synopsis**

Hepatitis C has been called "the emergent and preeminent public-health problem of the twenty-first century-surpassing HIV." It has also been dubbed "The Shadow Epidemic," because it is one of the most clandestine of viruses and infects healthy people who have no idea they are being attacked by something they can't even detect. Now, two experts on hepatitis C have teamed up to write a complete guide to orthodox and alternative treatment options. The book includes programs for self-care, nutritional and fitness plans, and a comprehensive Western and Chinese medical treatment program.

## **Book Information**

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## **Customer Reviews**

"Hepatitis C is an insidious virus...In the United States, it's believed that only about a quarter of the cases have been diagnosed." --Jerome Groopman, Harvard Medical professor, *The New Yorker*"The Hepatitis C Help Book is a collaboration between two of the best known and most knowledgeable practitioners working in the hepatitis field today-Misha Ruth Cohen, O.M.D., L.A.c., and Robert G. Gish, M.D. This a well-rounded and comprehensive guide that should be in the personal library of anyone dealing with hepatitis C, and can easily be used by both patients and health-care providers. Highly recommended." --Alan Franciscus, editor of the *HCV Advocate*

Misha Ruth Cohen, O.M.D., L.A.c., is clinical director of Chicken Soup Chinese Medicine in San Francisco, cofounder and research and education chair of Quan Yin Healing Arts Center, and

Research Associate at the University of California Medical School, all in San Francisco. She is a pioneer in the use of Chinese Medicine for treating hepatitis C. Robert G. Gish, M.D., is an internationally recognized liver specialist, Medical Director of the liver transplant program of the California Pacific Medical Center in San Francisco, and Assistant Clinical Professor of Medicine at the University of California in San Francisco. Kalia Doner is a seasoned journalist and author of some twenty books on wellness and healing.

Descriptive and relevant information throughout this book. I was impressed with the alternative TCM treatments that are available, a great reminder showing the difference in how western medicine approaches their diagnosis and subsequent "treatment". This book has helped me choose a different and more effective path towards sustainable health after living with this chronic condition in excess of several decades.

The Hepatitis C Help Book is a collaboration between two of the best known and most knowledgeable practitioners working in the hepatitis field today - Misha Cohen O.M.D., LAc. and Robert Gish, MD. This is a well-rounded and comprehensive guide that should be in the personal library of anyone dealing with hepatitis C, and can easily be used by both patients and health care providers. Highly Recommended.

It's hard for me to say how this book is because I had it sent to an uncle who suffered from the disease. He is no longer living but he was in good spirits the last time we met. I'd like to believe the book helped. At least it helped me feel better about helping him...

very good. my sister need it , This product is so great. I love it. It cuts like no other product I have even had. If you want A great product you need this one. fine. great.

This book provides lots of practical and informative content concerning Hepatitis C. The book covers the subject from both the traditional and alternative medical points of view. Included are discussions of treatment options, lifestyle recommendations, and a good overview of the disease. The book is readable and well researched. If you or someone you know has this insidious and widespread disease this book should be at the top of your list of readings. Because Hepatitis C progresses with hardly any symptoms..it is important to take steps as soon as possible to deal with it. If you have been positively diagnosed...DO NOT WAIT. There are many things you can do from

implementing simple lifestyle changes to undergoing severe chemotherapy that can influence the course of this illness. At the very least you can read this book!

This book has one unique advantage. It is a combination of Western and Eastern Medicine combination for the maximum benefit of the patient. Usually it is very difficult to combine these two treatments as they are different like day and night. But here we see these two go like hand in glove. Authors have thoroughly studied this subject. It is very evident from their explanation of certain conditions and its treatment. It is an absolute life saver for people diagnosed with Hepatitis C and even doctors can learn a lot about this silent killer. I did like the authors' suggestion for caffeine-free beverages. I've been off coffee after my doctor told me it caused me acid indigestion. He recommended a coffee replacement called So yfee made from soya beans and it taste great. I found it on the net at [...] oycoffee.com.

I have read all of the other books on Hepatitis C. This book is wonderful, informative and easy to read. The Hepatitis C Help Book is the first guide that offers comprehensive programs that include both Western and traditional Chinese medicine treatments for hepatitis C. The book is designed to inform people who are infected with the virus, as well as health care practitioners, about how these two medical systems can be used together to achieve the most effective treatment possible.

**HIGHLY RECOMMENDED.**

This book is a pleasant blend of information from both methodologies. I have found it to be informative and enlightening. I recommend anyone dealing with the subject of Hep C to check it out.

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